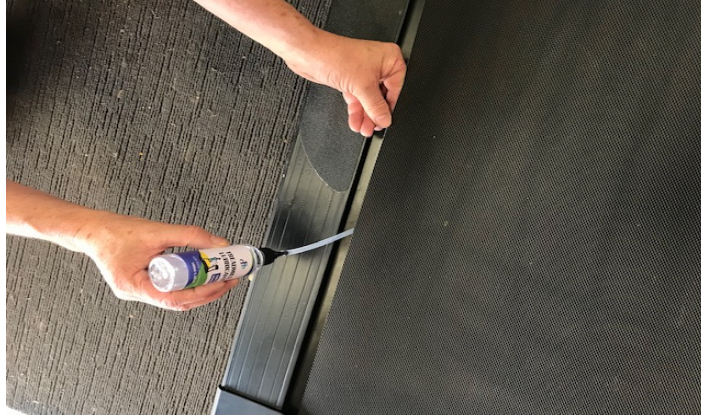


HOW TO APPLY SILICONE OIL



Lift up the mat and apply silicone oil onto the deck along each side, right into the middle and the complete length of the treadmill deck. For best performance and reliability ensure a good coating of silicone oil is applied to each side regularly.

If the walking belt is covered by the siderails, run slowly and push with feet to one side until the belt can be lifted. Apply silicone oil as above.



After applying silicone oil under each side of the belt, run slowly and push with feet again to centralise the belt. Run the treadmill slowly checking belt is not rubbing against the siderails.

ATTENTION

TREADMILL MAINTENANCE AND SAFETY ADVICE

ALWAYS KEEP THE TREADMILL UNPLUGGED WHEN NOT IN USE.
LEAVING THE POWER ON WHEN NOT IN USE WILL CAUSE DAMAGE TO THE TREADMILL.

INCORRECT USE CAN BE HAZARDOUS THEREFORE IT IS IMPERITIVE TO KEEP CHILDREN AND PETS AWAY AT ALL TIMES TO AVOID INJURY.

IT IS IMPORTANT TO KEEP THE TREADMILL CLEAN AND DUSTFREE.
PLEASE WIPEOVER REGULARLY AND KEEP THE BELT CLEAN BY USING A MILD DETERGENT AND WATER SOLUTION WITH A CLOTH OR SPONGE.
DO NOT USE EXCESS WATER TO CLEAN THE BELT, AS THIS WILL DAMAGE THE TREADMILL.

PLEASE NOTE: TREADMILL DECK SHOULD BE LUBRICATED WITH SILICONE OIL EVERY 20-30 HOURS OF USE OR ONCE EVERY 3 MTHS TO MAINTAIN PEAK OPERATION OR WARRANTY MAY BE VOID.

ONLY SILICONE OIL MUST BE USED AS A LUBRICANT. WD40 AND SPRAY OILS ARE NOT SUITABLE AND WILL DAMAGE THE TREADMILL.
SILICONE OIL CAN BE PURCHASED FROM WWW.RUNNINGBELTS.COM.AU ANY TIME.

WARNING! TREADMILLS NOT MAINTAINED WITH SILICONE OIL MAY NOT BE COVERED BY WARRANTY.



WE USE AND RECOMMEND **100%** SILICONE OIL